

## **SIG WORKSHOP "Communication Within: searching for body mind unity"**

■ 異文化コミュニケーション学会課題別研究分科会(SIG)であるMusIIC(感覚機能、感性を多元的に用いた学習法と異文化コミュニケーション能力育成法の統括的研究)の活動のお知らせです。

■ 今回は、アレキサンダー・テクニクと神経言語プログラム(NLP)の専門家としてご著名な、ウィリアム・ブレナー氏をお招きし、ワークショップを行います(詳細は下記の英語の案内をご参照ください)。MusIICのメンバーではない方も、大歓迎です。参加希望の方は事前にメールでお申し込みください。(定員25名)。

■ MusIIC (Multisensory Approaches to Integral Intercultural Communication) is one of the SIETAR's special interest groups (SIG). We will be hosting an exciting workshop by Mr. William Brenner (please see the program description and his profile below. This is a rare and great opportunity to have Mr. Brenner share his insights and practical skills with us). Anyone who is interested in attending this workshop is welcome! Please register through the mail. Look forward to seeing you all!

■ Workshop: "Communication Within: searching for body mind unity"

■ Workshop leader: William Brenner

■ Date: February 22, 2005

■ Time: 6:00pm-9:00pm (Registration starts from 5:30pm)

■ Place: [Reitaku University Tokyo Kenkyu Center \(Shijuku iLand Tower 4F\)](#)

■ Fees: 5,000 yen

4,000 yen (Early registration for SIETAR Members/ by Feb. 14)

3,000 yen (Students)

■ How to register: send an e-mail with the information below: your name, membership status, e-mail address and telephone number. Please note that it is for Brenner workshop.

\*Space is limited. We will accept the registration of the first 25 people that respond.

Send mail to: [program@sietar-japan.org](mailto:program@sietar-japan.org)

## **"Communication Within: searching for body mind unity"**

### **■ Workshop description:**

This workshop will help the participants explore practical means to

1) experience ultimate intercultural communication with self

(effective intrapersonal communication) by learning how to tap into one's inner intelligence ("unconscious" self).

2) find one's own inner power (vitality and resilience) to deal with various stresses in intercultural settings through movement exercises. The participants will learn how to "reorganize" psychological baggage to maintain positive energy

### ■ William Brenner

William R. Brenner has worked in the mental health and human resource field for over thirty years. William was a student and assistant to Marj Barstow, one of the pioneer Alexander Technique teachers for 12 years, and he designed and directed the ATA teacher training program in Sydney, Australia. He also became an apprentice to John Grinder, and assisted NLP practitioners training program called NEW CODE in Australia. William is one of the twenty students in the world who received a NLP Trainers Certificate (Number 301) signed by Dr. Grinder.

Prior to Alexander and NLP training, William worked in the mental health profession for nine years. William also has been trained in Therapeutic massage, Cranial Sacral therapy 1-2, and Reiki 1-2-3. For 34 years. All through his career, William says, "I have acted in the capacity as an agent of change, assisting others in the process of their personal evolution."

### ■ Multi-sensory Approaches to Integral Intercultural Communication (MusIIC)

Goal: to explore interdisciplinary and holistic approaches to improve communication skills and intercultural competency

What we will explore in this SIG includes:

- "bodymindfulness"
- kinetic and somatic-emotional learning methods
- energy work and resonance
- communication through visual art, theater, music and other media

SIG meetings will be arranged depending on the convenience of those interested.

Contact: Kaoru Yamamoto

**感覚機能、感性を多元的に用いた学習法と異文化コミュニケーション能力育成法の統括的研究分科会**

目的：

- 1) 既成の分野にとらわれない、統括的な異文化コミュニケーション能力向上法の探究
- 2) 人間の持つあらゆる感覚機能や感性を融合したコミュニケーション感覚を磨き、異文化コミュニケーションに活かす方法の探究

主な研究テーマ：

- ◇ 心体意識 "bodymindfulness"
- ◇ 身体動作感覚 (kinesthetics)、心体知能 (somatic-emotional intelligence) を通しての学習法
- ◇ 人間関係における共鳴 (resonance) とエネルギー感覚 (「気が合う」という「気」のような感覚も含む)
- ◇ 美術、演劇、音楽等を通じたコミュニケーション能力向上法

代表：山本 薫